



Quiz Questions

Starter for ten? Test your knowledge of Nepal and the Gurkhas with our quiz questions.

Section A: General knowledge

1. Which continent is Nepal in? (*Asia*)
2. What is the capital city of Nepal? (*Kathmandu*)
3. Which famous religious figure was born in Nepal? (*Buddha*)
4. What is the highest mountain in Nepal called? (*Mt Everest*)
5. What three colours make up the Nepali Flag? (*Blue, Red and White*)

Section B: Nepali Food and Drink

1. The term 'chana' is Nepali for which ingredient? (*Chickpea*)
2. Dashain is the most auspicious Hindu festive celebrated in Nepal. It celebrates which Goddess' victory of evil? (*Goddess Durga*)
3. The Trust has an office in the Indian region of Darjeeling which is famous for the production which beverage? (*Tea*)
4. Steamed dumplings are more commonly known as what in Nepali? (*Momos*)
5. A variety of which preserve that can be found in Nepal is said give those who consume it hallucinations? (*Honey - honey produced from bees who collect pollen from a specific type of rhododendron*)

Section C: The Gurkhas

1. What is the name of the famous Gurkha weapon? (*Kukri*)
2. Which member of the Royal family famously served alongside the Gurkhas in Afghanistan? (*Prince Harry*)
3. Which country do Gurkhas originate from? (*Nepal*)
4. What does the battle-cry 'Ayo Gorkhali' mean? (*Gurkhas are coming*)
5. Which is the correct motto of the Royal Gurkha Rifles? (*Better to die than be a coward*)
6. Part of the selection process to become a Gurkha, is an event which sees recruits carrying a traditional weighted doko, a traditional Nepali basket, on their backs, up a steep hill. How heavy is the basket? (*25kg*)
7. For how long have the Gurkhas served alongside British soldiers? (*206 years as at 2021*)
8. How many Nepali Gurkha soldiers have won the Victoria Cross, the highest award of the British honours system? (*13*)
9. True or false- there is a Gurkha regiment in the Singapore Police Force? (*True*)
10. How many Gurkhas fought for Britain in the World Wars? (*around 230,000*)